



QUEENSWAY MEDICAL CENTRE



OLYMPIC WAY
WELLINGBOROUGH
NORTHANTS NN8 3EP

Tel: 0844 576 9144

www.queenswaymedicalcentre.co.uk

Welcome To Queensway Medical Centre

Details of the services we offer to patients are contained in this booklet along with some useful tips and telephone numbers. Please keep the booklet handy as it may be of some assistance to you.

The practice covers Wellingborough plus an approximate radius of five miles from the medical centre. The surgery comprises seven consulting suites, a fully equipped treatment room with facilities for minor surgical operations and a large clinic room for the health visitors.

The practice is fully computerised, enabling us to cover a wide range of services such as repeat prescriptions and the most up-to-date health information.

The practice aims to provide a high quality service that is easily accessible to all patients.

All medical centre doorways are wide enough to admit wheelchairs.

There is a toilet for disabled people on the premises. Ask someone to call one of the staff to help if you have difficulty.

A space in the car park is reserved for disabled drivers and a wheelchair is also available.

PRIMARY HEALTH CARE TEAM

The Doctors

Dr Andrew T Wainwright	MB ChB DRCOG FPCert - Manchester 1983
Dr Zoë Alexander	BMedSci BM BS DA MRCGP FPCert - Nottingham 1985
Dr Christopher Ellis	BMedSci (1992) BM BS (Nottingham 1994) MRCGP DM-S MED
Dr Peter Walters	MBBS DCH (1988) DRCOG (1988) - London 1985
Dr Selva Annamalai	MBBS FRCS DFFP MRCGP - India 1992
Dr Rya Sadiq	MBBS - King's College London 2000
Dr Sophie Bell	BMedSci BM BS DRANZCOG MRCGP DFFP - Nottingham 1998
Dr Chander Nayar	MBBS MRCGP DFSRH - University of Poona, India

Visit our website - www.queenswaymedicalcentre.co.uk

The Manager

The manager, Carol Willis, is responsible for the day-to-day administration and organisation of the surgery. If you have any queries, comments, suggestions or complaints concerning the practice, she is available to discuss them with you. She may be contacted either by telephone or by calling at the surgery during opening hours.

Receptionist, Secretarial And Clerical Staff

Our highly trained team of administrators are responsible directly to the GPs. They are fully trained and do a difficult job well. Please remember that if you are kept waiting or seem to be asked one or two irritating questions, they are carrying out our policy which is aimed at providing a high standard of medical care for everybody.

We have a dedicated prescription clerk, who is available to deal with prescription enquiries.

Specialist Practitioner

Bridget Fairway runs a team of nurses with extended training to provide clinics every day giving advice/treatment for patients with minor illnesses or injuries.

Practice Nurses

Our highly skilled practice nurses can be seen by appointment for a wide variety of patient care services including blood tests, suture removal, wound dressings, injections and immunisations, blood pressure checks, ear syringing, ECGs, cervical smears and health promotion. They work closely with the GPs managing most chronic illnesses, including hypertension, coronary heart disease, asthma, diabetes and are available to offer continued contraceptive services.

Counsellor

The practice employs a counsellor, Suzanne Looms, on a sessional basis. She provides a confidential service for a wide range of patients' problems. These appointments are only available after referral by your doctor.

Health Visitors

Our experienced health visitors are concerned with the health of the whole community and specialise in the care of pre-school children. They are available to give advice on health care at home, especially for small children, the elderly and patients with a disability. Together with the doctors they provide child health surveillance. They also provide immunisations and hearing tests for children. The health visitors can be contacted by telephone on **0844 576 9144**.

Midwives

The community midwives provide antenatal care in conjunction with the doctors. They give advice on all aspects of pregnancy, birth at home and the early days after delivery. Messages can be left for them at the surgery.

District Nurses

Our well motivated and experienced team of district nurses provide care for patients who are immobile or require care at home. The doctor will arrange visits from one of our nurses. District nurses can be contacted on **0844 576 9144**.

Visit our website - www.queenswaymedicalcentre.co.uk

QUEENSWAY MEDICAL CENTRE OPENING TIMES

Monday - Friday	8.00am - 6.30pm
Tuesday	8.00am - 8.00pm
Sundays and Bank Holidays	Closed
Saturday	8.30 - 11.15am

Emergencies outside surgery hours, telephone 0844 576 9144.

SURGERY TIMES (BY APPOINTMENT ONLY)

Monday	8.00am - 12 noon	3.00 - 6.30pm
Tuesday	8.00am - 12 noon	3.00 - 8.00pm
Wednesday	8.00am - 12 noon	3.00 - 6.30pm
Thursday	8.00am - 12 noon	3.00 - 6.30pm
Friday	8.00am - 12 noon	3.00 - 6.30pm
Saturday	8.30 - 11.15am	

REGISTERING WITH A DOCTOR

For information and advice on how to register as a patient, please contact the surgery and speak to the registrations clerk, who will be able to advise you on the system in operation.

Under the National Health Service you have to register with an individual doctor. However, our doctors are all partners in a group practice and you may see any doctor you wish. We would prefer that during any one episode of illness you remain with that particular doctor in order to provide continuity of care. Please inform reception if you have recently seen a doctor for a continuing or similar condition when asking for an appointment.

Visit our website - www.queenswaymedicalcentre.co.uk

HOW TO CONTACT US

Appointments

In January 2002 we introduced the advanced access system. The idea of the system is that the majority of appointments can only be booked on the day. This has the effect of freeing up appointments, the idea being that we will try and see all patients ringing in that day.

Patients asked to make a follow-up appointment with their doctor should wait until the day when their review is due. They should then ring the appointments line on **0844 576 9144** to arrange an appointment.

Due to demand there are a limited number of pre-bookable appointments available on Tuesday plus Saturday mornings four weeks in advance. These appointments are mainly for the benefit of patients who need to arrange transport and patients who work and find it difficult to attend at any other time.

Some patients may wonder whether this is a return to the open surgeries of the past. In fact, there are several important differences:

- Patients will be given a time to be seen or telephoned.
- The advanced access system improves the chance of patients seeing their own doctor, when they need to, with benefits for both patient and doctor (continuity, rapport and more relaxed consultations).
- The system makes the best use of the phone, which means that the patient can often sort out their problem without leaving their home or work. When you call, the receptionist will take a contact number and book a call-back into the doctor's surgery. All that we require is that you remain available at that number for 30 minutes either side of the time you are given.

Please Keep Us Informed

A significant number of our appointments are wasted by people not turning up. **Please** let us know if you are unable to attend.

If you change your name, address or telephone number, please inform the surgery as soon as possible. Please bear in mind there may be a possibility that your new address is in an area not supported by the practice. If you are attending hospital or waiting for an operation, you also need to inform the hospital of a change of address.

Home Visits

Should you need to see a doctor quickly and can come to the surgery, an urgent appointment will be arranged whenever possible. This is normally quicker than waiting for a doctor to visit after surgery. However, for truly housebound patients and those too ill to attend surgery, you may request a home visit by telephoning **0844 576 9144. PLEASE TELEPHONE BEFORE 10.30AM.** Home visit requests after 10.30am should only be for urgent problems that have occurred after that time.

Home visits should be reserved for those genuinely housebound, or too ill to leave the house. An unnecessary visit during surgery hours is very disruptive to patients and doctors. The doctor may discuss your request with you over the telephone. A doctor can see at least four patients in the surgery in the same time it takes to see one patient at home. Please think carefully before requesting the doctor to leave the medical centre to attend you.

Visit our website - www.queenswaymedicalcentre.co.uk

PRESCRIPTIONS

Some of our patients are issued repeat prescriptions, which allow them to receive medication for a limited period of time without needing to have an appointment with the doctor.

The repeat prescription system is computerised and re-ordering is a simple matter. Attached to each prescription is a tear-off slip containing a complete list of your particular medication. Keep this and, when you wish to re-order, tick **ALL** the items you require in the next 28 days. Please bring the slip to the medical centre and allow 2 working days (48 hours) for the repeat prescription to be prepared. Please enclose a stamped, addressed envelope if you wish the prescription to be sent to you. **We do not take requests over the phone or via email as mistakes can occur.**

We are a pilot site for repeat dispensing (several months' supply of prescriptions being issued at once). Not everyone will be suitable for this service. However, if you require any further information, please ask at the desk.

Repeat prescriptions can be requested via our website at www.queenswaymedicalcentre.co.uk

FOR RESULTS OF INVESTIGATIONS TELEPHONE 0844 576 9144

The results of blood tests, x-rays and other investigations organised by your GP arrive and have to be checked by the doctor late morning. Please telephone for details **between 2.00 and 5.00pm** on **0844 576 9144**.

The receptionists are not trained to interpret results and only pass on messages from the doctor. If in doubt, you can arrange to speak to the doctor concerned.

Owing to the legal requirement to maintain strict confidentiality, the receptionist can only give results to the patient concerned. Therefore, please telephone for your own result.

FOR EMERGENCIES OUTSIDE SURGERY HOURS

In a situation where it is necessary for you to be seen outside the normal surgery hours, please telephone **0844 576 9144** and our answering machine will give you the telephone number for the out-of-hours service which has been commissioned by NHS Northamptonshire.

Alternatively, you can telephone the out-of-hours service NENEDOC direct on **03336 664664**.

Please note - this service should only be used for urgent medical problems.

Inappropriate use leads to delays with genuine emergencies.

When calling the out-of-hours service your telephone call may be recorded for security and quality control.

NHS DIRECT

This is a 24-hour nurse-led helpline that provides an alternate route for enquiries about your health, without contacting the surgery or GP. NHS Direct can be contacted on telephone number **0845 4647** or www.nhsdirect.nhs.uk

WHAT TO DO IN TIME OF BEREAVEMENT

Death is a fact of life. However, many of us never think about what we need to do until we are faced with the situation. It is at this time you need all the help and support possible to help you through the grieving process. We at the surgery are available to give you advice and guidance. However, there are certain practical steps you might need to know about. These are things that you will have to do.

If Someone Dies At Home

1. Telephone the doctor and they will visit to confirm that death has taken place and also tell you how to obtain the death certificate.
2. Contact a funeral director who will be able to advise you on registration procedures.

If Someone Dies In Hospital

1. Contact a funeral director to let them know that their services will be required.
2. Collect the doctor's death certificate from the hospital.

In All Cases Of Death

1. Make an appointment to take the death certificate to the registrars office for the area in which the death took place. Also, take the deceased's medical card, if available, and also details of the birth certificate. The registrar will then issue you with a green form.
2. Take this green form to the funeral director who will take over the responsibility for arranging the funeral and allow you to grieve in peace.

ADDITIONAL SERVICES

Maternity Services

Our midwives provide antenatal care.

Contraceptive Services

All doctors provide contraceptive services. These include the pill, coil, Nexplanon and contraceptive injections. Advice on barrier methods is available, as is emergency contraception ('morning after' pill).

Cervical Smears

These can be carried out by appointment, by our practice nurse or the doctor.

Child Health Immunisation Clinics

These clinics are held by the health visitors on a Tuesday morning.

Child Health Surveillance Clinics

Development assessment and screening for all children up to five years is provided by Drs Wainwright, Alexander, Ellis, Walters and Annamalai together with the health visitors.

Minor Surgery

All doctors provide surgical procedures. Please discuss these with your doctor.



FAMILY RUN BUSINESS

PAUL'S PIRATES

INDOOR ADVENTURE PLAY AREA



AHOY ME HEARTY!
COME ABOARD ME
PIRATE SHIP AND PLAY

OPEN TUESDAY TO FRIDAY
10am - 6pm

WEEKENDS & SCHOOL HOLIDAYS
10am - 5pm

ENTRANCE PRICES:

TERMTIME TUESDAY TO FRIDAY *from* £2.25
WEEKENDS & SCHOOL HOLIDAYS *from* £2.95

PRIVATE HIRE FROM £120

PARTIES FROM £6.95pp

HOT & COLD FOOD AVAILABLE

3 MONTH PASS £20 PER CHILD



UNIT 15, REGENT PARK, OFF BOOTH DRIVE, PARK FARM SOUTH
WELLINGBOROUGH, NORTHANTS, NN8 6GR

TEL: 01933 679265

WWW.PAULSPIRATES.CO.UK EMAIL: PAULSPIRATES@GOOGLE.MAIL.COM

Nucabs

Family Firm
Established 1973

- 24hr Private Hire
- 4,6,7 & 8-seaters
- Wheelchair Accessible
- Female Drivers Available

Airports
Weddings
Business

Courier Services
Social

National Transport Tokens Accepted

Friendly, helpful staff

01933 22 65 65 0800 028 1494



Delivering a great taxi service

NUCABS have long been a familiar sight on the streets of Wellingborough since 1973, offering a friendly, reliable independent taxi service at competitive prices.

They are a family firm, who offer a genuine 24-hour service, with four-, six-, seven- and eight-seater vehicles available. Their impressive fleet also includes wheelchair-accessible vehicles.

Nucabs have male and female drivers, who all pride themselves on their professional, courteous manner and willingness to help all their customers, especially the elderly and less able.

All their drivers are CRB-checked, while their cars are checked for roadworthiness by the local authority every six months.

Whether you need a taxi to get you to or from the shops, to take the family to the airport for the start of that holiday you have so much been looking forward to, for a business trip or to relay some important documents to a vital destination, Nucabs are the firm for you.

They pride themselves on their speedy response times and offer great value for money. They accept National Transport tokens

It's making sure their clients are always happy in dealing with the company that has built up Nucabs' glowing reputation.

After more than 35 years of excellent service, they are renowned in the area for making sure their clients arrive on time, every time.

The team at Nucabs firmly believe that a satisfied client is a happy client, and that is their aim every working day.

For more information or to book a taxi, call Nucabs on 0800 028 1494.

Advertising Feature



**Generate more business
with a Pay - Monthly
website from OPG**

We will design and launch a top quality bespoke business-generating website for you, update it regularly at your request and provide on-going advice and support every working day.

from £20 per month

There is no up-front payment and no extras, with an option to choose a pay-as-you-go, stop-when-you-like service.

**To find out more simply call
0800 612 1408
or email us at payasyougo@opg.co.uk**

**OPG - HELPING THE SMALL BUSINESS
GROW FOR OVER 30 YEARS**

Why your business needs a website

WITHOUT a website, your business or practice is *invisible* to the two thirds of prospective clients that use the Internet to locate products and services, and this figure grows daily.

Worse still, if your competitors have a website and you don't, then they are picking up your share of the prospects for your type of business when they search online.

Pay As You Go websites are proving to be a godsend to small and medium-sized businesses across the UK and Ireland.

Introduced by OPG Ltd, who have been building websites for more than eight years, and whose innovative ideas have been helping businesses to grow and prosper for over 30 years, they provide businesses and professional practices with 24/7 access to their targeted market.

A website not only saves you money on brochures and other such material, it greatly increases the effectiveness of your current advertising because, in effect, you are open for business around the clock.

Uniquely, the Pay - Monthly service comes with Web Partner support. This 'phone-a-friend' facility will provide answers to your queries and help you develop your site as your business grows.

So if you don't yet have a website, or are unhappy with the one you have, call today for an informal chat on 0800 612 1408. You'll be glad you did!

To advertise your business in our booklet call 0800 612 1516

Advertising Feature

Minor Injury

The practice provides a minor injury walk-in facility where treatment can be given, without an appointment, for injuries such as cuts and bruises, minor burns, sprains, strains and joint dislocations.

New Patient Health Checks

All new patients over five years old are invited to see the nurse for a brief health check, by appointment.

Influenza And Pneumonia Vaccinations

These immunisations are given to a certain category of patients by our practice nurses.

Travel Advice And Immunisation Clinics

If you are planning to travel abroad, please fill in a travel form (which is available from reception) to enable the nursing staff and doctors to plan a suitable programme of immunisation and travel advice as appropriate. Please remember, this can take time, so early planning is recommended.

Please note - a fee may be payable for some injections.

Asthma/Respiratory Clinic

These clinics are run by Bridget Fairway, Ingrid Patmore and Mandy Healy who are asthma specialist nurses, in conjunction with the GPs.

Diabetes Clinic

These clinics are run by Bridget Fairway, Ingrid Patmore and Marie Mawby who are diabetic specialist nurses, in conjunction with Dr Wainwright.

Cardiovascular Disease Clinic

Bridget Fairway, Ingrid Patmore and Marie Mawby are trained in cardiovascular medicine and run these clinics in conjunction with Dr Ellis.

Smoking Cessation

Smoking cessation advice and support is available through your doctor or nurse.

Non-NHS Services

Pre-employment medicals

Driving medicals (HGV, PSV)

Insurance certificates

Private certificates

Certain travel immunisations and certificates

TEACHING PRACTICE

In 2004 Dr Chris Ellis became a GP Trainer. This has enabled him to train future GPs and his first registrar started with the practice in August 2004. The registrar will be with the practice for six months and during this time will be seeing patients here at the medical centre. Registrars are trained doctors who have decided to specialise in general practice.

During the training period you may be asked if you would mind your consultation being video-taped. This will enable both the registrar and the trainer to assess their progress and could be used as part of the formal examination process. All video-taped consultations require your signed consent and will be kept confidential.

Visit our website - www.queenswaymedicalcentre.co.uk

THE PRACTICE AIMS

We Undertake To

- Treat you to the very best of our ability, within the resources available to us
- Treat you with courtesy and respect at all times
- Visit you in your home only when you are too ill to come to the surgery
- Provide you with emergency care
- See urgent cases at the earliest opportunity
- Maintain confidentiality
- Deal with complaints promptly

What We Expect From You

- Treat us with respect and courtesy at all times
- Help the receptionist to help you. Please do not give misleading information in order to secure an urgent appointment if a routine appointment will suffice
- Ask for night visits only when absolutely necessary. Please do not call out the duty doctor after hours for routine/non-urgent matters
- Do not request a home visit unless you are too ill or unfit to travel
- Familiarise yourself with our appointment system and keep your appointment on time
- Let us know when you no longer need an appointment or cannot keep it so that it can be offered to someone else
- Do not ask doctors to see more than one person during one appointment
- Co-operate and be understanding when we are busy or overstretched and remember that delays can happen, usually because someone needs our help more urgently or is needing more time during a consultation

ZERO TOLERANCE

We strongly support the NHS policy on zero tolerance. Anyone attending the surgery who abuses the GPs, staff or other patients be it verbally, physically or in any threatening manner whatsoever, will risk removal from the practice list. In extreme cases we may summon the police to remove offenders from the practice premises.

COMMENTS, SUGGESTIONS AND COMPLAINTS

We are always interested to know what you think of the services we offer. We realise that there are times when you may need to comment about our work and others when you may have cause for complaint. If you have a comment or suggestion, please write to the practice manager, Carol Willis.

If you are not satisfied with our service, please tell any member of staff. You will be asked for a few details and these will be passed straight to the practice manager. You will also be given a copy of our formal complaints procedure.

We expect that any grievance or misunderstanding can be resolved by this method.

In keeping with the NHS policy regarding the protection of its entire staff, anyone who is violent or abusive in any way to any member of staff may be removed from the practice list with immediate effect and without a second chance. Extreme cases will result in being reported to the police. This applies to all patients and all members of staff, not just the GPs, and includes contact over the phone.

CONFIDENTIALITY OF PATIENT RECORDS

We ask you for information so that you can receive proper care and treatment.

We keep this information, together with details of your care, because it may be needed if we see you again.

We may use some of this information for other reasons: for example, to help us protect the health of the public generally and to see that the NHS runs efficiently, plans for the future, trains its staff, pays its bills and can account for its actions. Information may also be needed to help educate tomorrow's clinical staff and to carry out medical and other health research for the benefit of everyone.

Sometimes the law requires us to pass on information: for example, to notify a birth.

The NHS Central Register for England and Wales contains basic personal details of all patients registered with a general practitioner. The register does not contain clinical information.

You have a right of access to your health records.

EVERYONE WORKING FOR THE NHS HAS A LEGAL DUTY TO KEEP INFORMATION ABOUT YOU CONFIDENTIAL.

You may be receiving care from other people as well as the NHS. So that we can all work together for your benefit we may need to share some information about you. We only ever use or pass on information about you if people have a genuine need for it in your and everyone's interests. Whenever we can we shall remove details which identify you.

The sharing of some types of very sensitive personal information is strictly controlled by law.

Anyone who receives information from us is under a legal duty to keep it confidential.

FREEDOM OF INFORMATION – PUBLICATION SCHEME

The Freedom of Information Act 2000 obliges the practice to produce a Publication Scheme. A Publication Scheme is a guide to the 'classes' of information the practice intends to routinely make available. This scheme is available from reception.

SELF TREATMENT OF COMMON ILLNESSES AND ACCIDENTS

Many common aches and pains can be simply treated at home without the need to consult a doctor.

Back Pain

Back pain causes 13 million working days to be lost in Britain each year. The spine supports the whole weight of the upper body so it is understandable that it sometimes goes wrong.

Because of the complex nature of the spine it is advisable to consult your doctor if back pain persists for more than a few days. If, as is usual, the pain has been caused by abuse ie lifting too heavy weights etc, be sensible and take things easy. Take care to sit as upright as possible with a support for the small of the back.

Take aspirin or paracetamol which will not only relieve the pain but will help to relieve inflammation. Your doctor may well prescribe stronger drugs, heat treatment, gentle exercise or some kind of supportive corset.

Bed Sores

Bed sores are far easier to prevent than cure. They are caused by prolonged pressure to certain parts of the body when lying in bed for long periods. They can be prevented by encouraging the patient to shift position as often as possible. Take care to smooth out creases in the bottom sheet to avoid irritation. If red marks appear at the pressure points such as heels, elbows, buttocks and hips, inform the doctor before they get worse.

Burns

Apply large quantities of cold water to the affected area as soon as possible and maintain this until the pain subsides. This may take as long as 15 minutes! If the skin is unbroken but blistered, apply a loose, dry dressing.

If the burn is larger than four or five inches in diameter or if the skin is broken, consult your doctor as soon as possible.

Colds

Even in this day and age there is still no magic cure for the common cold. Go to bed, take plenty of drinks. If you have a headache or are feverish, take aspirin or paracetamol. Do not bother to take antibiotics as these will have no effect!

Diarrhoea

In adults, diarrhoea is usually caused by a viral infection and is therefore unable to be treated directly. The symptoms can usually be eased by the traditional kaolin and morphine mixture or by medicines containing codeine.

Holiday diarrhoea is often due to bacteria. Again, kaolin and morphine can be taken.

Consult your doctor if the symptoms persist for more than a few days.

Diarrhoea in very young children and babies needs careful attention. Most babies have loose bowel action during their first six months due to their predominantly liquid diet. Sudden bouts of unusually watery diarrhoea should be treated by taking the baby off solids and feeding them a cooled solution of boiled water with a teaspoon of sugar and half a teaspoon of salt to the pint. If the symptoms persist for more than 24 hours, or are accompanied by vomiting or weakness, consult your doctor.

Gastroenteritis

Gastroenteritis describes a group of diseases affecting the stomach or part of the intestine. Symptoms are often diarrhoea, sickness and stomach ache. Because the lining of the stomach is likely to be inflamed medicines are often immediately vomited up.

Large quantities of water, orange juice, milk or thin soup should be taken to counter the effects of dehydration. Consult your doctor if symptoms persist for more than a day or, in the case of babies or young children, six hours.

Sprains

Treat with a cold compress, containing ice if possible, for 15 to 30 minutes to reduce the swelling. Then apply, firmly, a crepe bandage and give the sprain plenty of rest until all discomfort has subsided. Further strain will inevitably lead to further swelling and a longer recovery period.

Nosebleeds

Sit in a chair, lean forward with your mouth open, and pinch your nose just below the bone for approximately 10 minutes, by which time the bleeding should have stopped. Avoid hot drinks or hot food for 24 hours. If symptoms persist, consult your doctor.

Minor Cuts And Grazes

Wash the wound thoroughly with water and a little soap. To stop bleeding apply a clean handkerchief or dressing firmly to the wound for about five minutes. Cover with a clean dry dressing.

Sunburn

Treat as for other burns with cold water to remove the heat. Calamine lotion will relieve the irritation whilst paracetamol will also help.

Children are particularly susceptible to sunburn and great care should be taken to avoid overexposure to the harmful effects of the sun.

Insect Bites And Stings

Antihistamine tablets can be obtained from the chemist without prescription and will usually relieve most symptoms.

Note: bee stings should be scraped away rather than 'plucked' in order to avoid squeezing the contents of the venom sac into the wound.

Chickenpox

On the first day a rash appears as small red patches about 3-4mm across. Within a few hours of these developing, small blisters appear in the centre of these patches. During the next three or four days further patches will appear and the earlier ones will turn 'crusty' and fall off.

Calamine lotion may be applied to soothe the often severe itching. Cool baths may also help. The most infectious period is from two or three days before the rash appears and up to five days after this date. Children may return to school as soon as the last 'crusts' have dropped off.

Head Lice

These creatures, contrary to popular belief, prefer clean hair and are, therefore, not a sign of poor personal hygiene. Medicated head lotion can be obtained from the chemist without prescription.

PRACTICE BOOKLETS ARE SPECIALLY PREPARED BY
Neighbourhood Direct Ltd A MEMBER OF THE OLDROYD
PUBLISHING GROUP LTD

Keenans Mill, Lord Street, St Annes-on-Sea, Lancs FY8 2ER

Tel: 01253 722142 Fax: 01253 714020

Website: <http://www.opg.co.uk> Email: info@opg.co.uk

COPYRIGHT WARNING: All rights reserved. No part of this publication may be copied or reproduced, stored in a retrieval system or transmitted in any form or by any means electronic, mechanical, photocopy, recording or otherwise without the prior written permission of the publisher.

The practice would like to thank the various advertisers who have helped to produce this booklet. However, it must be pointed out that the accuracy of any statements cannot be warranted, nor any products or services advertised, be guaranteed or endorsed.



USEFUL TELEPHONE NUMBERS

Surgery.....0844 576 9144
Fax.....01933 670888
Results (2.00 - 5.00pm)

Details of Primary Medical Services in the area may be obtained from
NHS Northamptonshire
Francis Crick House
Summerhouse Road
Moulton Park
Northampton NN3 6BF
Tel: 01604 651100

MAP OF OUR PRACTICE AREA

